

SESSIONS WITH ANNEMARIE

TERMS & CONDITIONS

These Terms and Conditions are designed to clarify how you and I, AnneMarie Ward, will work together.

General Information

I may offer insights or guidance based on my experience, but you are solely responsible for your own decisions and actions. I do not guarantee any specific outcomes from our work together.

Nature of This Work

As part of the services offered, you may be given certain insights into your life or your life situation, or be given advice or recommendations. However, I do not prescribe specific actions, nor do I require you to make changes. Any decisions you make are at your discretion. I therefore cannot accept responsibility for the consequences of any decision you may make.

You understand and agree that I am not a doctor, psychiatrist, psychotherapist, and that I have not promised, shall not be obligated to, and will not:

(1) prescribe any type of diagnosis; or

(2) act as a therapist, providing psychological counseling, psychoanalysis or behavioral therapy.

You are responsible for your health and well-being at all times during the course of working with me.

Confidentiality

You can rest assured that I will never divulge any personal or business details that I see in the course of working with you. I maintain strict confidentiality regarding our sessions. If I share any insights from my work for educational or illustrative purposes, all identifying details will be removed to ensure complete anonymity. (for example, 'a person I once worked with...' or 'an IST consultation I once did...').

Cancellation or Postponement

Sessions may be rescheduled or canceled by either party due to unforeseen circumstances. If you cancel with less than 24 hours' notice, I reserve the right to charge 50% of the session fee. You may reschedule a virtual session up to two times within a two-week period. If not rescheduled within this timeframe, the session will be forfeited without a refund.

Fees

If you are an individual – not working with a corporation that I am supporting – please pay at least one hour before each session by Venmo (@annemarieinsf), PayPal Friend (paypal.me/annemarieinsf) or Revolut (@annemarieinsf). Venmo is preferred. Use a funny emoji on Venmo.

Getting the Most Out of Your Sessions

Please keep meals light beforehand. Limit coffee on that day. Please don't drink alcohol for 48-hours prior. Don't do recreational drugs for 2 weeks beforehand. I can not do sessions with people who take hard drugs.

I HAVE READ THESE TERMS AND CONDITIONS AND UNDERSTAND THEM.

Please confirm your acceptance of these terms and conditions by signing below:

Your Signature _____

Your Name _____

Date _____